



Someone has fallen into the water. They need help!  
Do you know what to do?

### Word Bank

**reach**

hold  
reaching  
lean



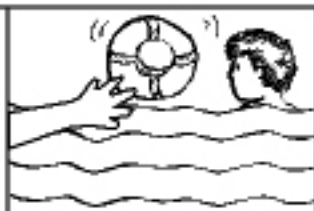
First \_\_\_\_\_ for the person.

Be sure to \_\_\_\_\_ on to something while you are \_\_\_\_\_.

Don't \_\_\_\_\_ over the water.

**throw**

help



\_\_\_\_\_ something out to the person that will help them float in the water until \_\_\_\_\_ comes.

**row**

air mattress  
inner tube  
raft



Find an adult to \_\_\_\_\_ out to the person if you can't help them by reaching or throwing. Use helpful things like an \_\_\_\_\_, \_\_\_\_\_, or a \_\_\_\_\_ to row out to them.

**Remember:** To help someone in the water,

1) First, I \_\_\_\_\_

2) Second, I \_\_\_\_\_